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Inspiration for Songwriters Hits the Right Note

Whether you are new to songwriting or have written hundreds of songs, "The Songwriter's Journal" should be within arm's reach whenever the mood to write a new tune strikes. The 220-page book has been released by Stony Meadow Publishing of Broomfield, Colorado.

Denver, CO -- June 1, 2007 - Whether you are new to songwriting or have written hundreds of songs, ***The Songwriter's Journal: 52 Weeks of Songwriting Ideas and Inspiration*** should be within arm's reach whenever the mood to write a new tune strikes. It is packed with the fuel you need to ignite the imagination and provides you with more ideas than you could ever hope to write about.

The idea for ***The Songwriter's Journal*** grew from Swanson's first book on songwriting, ***Inspiration For Songwriters: Tips and Tricks to Unlocking the Muse***.

"The first book was well received and had good reviews," Swanson said, "but I received many comments on how much more useful the book would have been had it been in 'journal' format with room for notes and such. It wasn't a giant mental leap for me to realize what the next book would be like."

Comments on Swanson's first book ranged from "more ideas for new songs than I could shake a stick at" to "this book is packed with innovative jet fuel that will set your mind soaring into the creative stratosphere."

The Songwriter's Journal goes even further with hundreds and hundreds of helpful ideas, exercises and more, including:

- Weekly journal pages for each week of the year
- Ready-to-write-in journal sections for song ideas and lyrics
- Blank musical staff sections ready for note entries
- Blank guitar tab diagrams for guitarists
- Songwriting exercises for every week of the year
- Over 250 original song titles ready to "make your own"
- A different chord progression to experiment with every week
- 6 weekly word association exercises designed to improve the creative process

- Overviews of 52 Hall of Fame Songwriters to study
- A weekly inspirational quote included to “spark the muse”
- A unique songwriting idea every week
- A different note sequence every week to experiment with
- Over 250 “power words” that will strengthen your lyrics
- A look at the top 52 songs of all-time according to Rolling Stone
- Things every songwriter should have in their toolkit
- Weekly quotes from songwriters included to “light that fire”
- 156 clichés and expressions to use as titles, lyric lines or hooks

With hundreds of entries designed to specifically spark the muse within, ***The Songwriter's Journal*** should reside on every songwriter's bookshelf or desk. The book is available through Amazon and other online bookstores as well as the publisher. It can also be ordered through your local bookstore (ISBN: 978-0978792510).

For additional information on ***The Songwriter's Journal***, please visit the www.books4songwriters.com or www.stonymeadowpublishing.com web sites.

Author Stan Swanson has written one other book on songwriting, *Inspiration For Songwriters: Tips and Tricks to Unlocking the Muse* which was released in 2006. He has also written two juvenile fantasy books which will be released under the Stony Meadow Publishing banner. *The Misadventures of Hobart Hucklebuck* will be available in October 2007 and *Dragontooth: Book One* will be available in 2008.

Stony Meadow Publishing was established in 2004 and is located in Broomfield, Colorado.